

Sorting Important To/For



The fundamental person-centered thinking skill is to separate what is important TO someone from what is important FOR them, and to find a balance between the two.

Historically, services have focused on what is important FOR individuals, to keep people healthy and safe. Working in a person-centered way requires that we see the person first – what matters TO them, not just what the matter is with them. We need to learn both what is important to the person and what is important for them, and find the balance that works for them.

A unique way to collect all of this important information is on a one-page profile (which we will be working on after this training is complete).

Spend some time exploring with the individual, their family and friends, what they believe is important to and for them. There is an important to/for chart for your use in this activity.

In the email, there is a video link that describes this tool and gives great examples.